



Fitness Together and Mill Creek MetroParks present the Fifth Annual

# Fitness Together 5k



Saturday, May 09, 2015

Location: Mill Creek MetroParks Wick Recreation Area

Race Time: 9:00 AM

Race Course: A 5k (3.1 Mile) loop through the Mill Creek MetroParks

## PLATINUM SPONSORS



## BLUE SPONSORS



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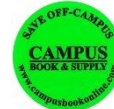


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## WHITE SPONSORS

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### Age Groups:

	Men:	Women:
18 and Under	45 - 49	18 and Under 45 - 49
19 - 24	50 - 54	19 - 24 50 - 54
25 - 29	55 - 59	25 - 29 55 - 59
30 - 34	60 - 64	30 - 34 60 - 64
35 - 39	65+	35 - 39 65+
40 - 44		40 - 44

Awards to Top 3 Finishers in Each Age Group and First Overall Male and Female

### Race Information:

- Entry Fee: \$15 on or before May 08  
\$20 on Race Day
- All Participants will receive a commemorative race t-shirt and gift bag.
- Early Packet Pick-Up: Friday, May 08 at Fitness Together Canfield/Poland/Howland (11:00 AM - 6:00 PM)
  - Phone: 330 - 702 - 1311
    - Canfield: 6579 Ironwood Boulevard
    - Poland: 6541 Clingan Road
    - Howland: 8720 East Market Street
- Race Day Entry at Mill Creek MetroParks Wick Recreation Area will begin promptly at 7:30 AM.
  - Wick Recreation Area:
    - 1861 McCollum Road, Youngstown, Ohio, 44509
- All proceeds will be donated to the Wick Recreation Children's Play Area at Mill Creek MetroParks.



The signing of this entry form and participation in the "Fitness Together 5k Walk/Run" is with full knowledge of the risks involved therein. The undersigned individual and/or parent/guardian assumes the full risk of injury, sickness and/or health defect, resulting from or received during participation in the race and further releases and agrees to save harmless Fitness Together, Mill Creek MetroParks, its sponsoring and assisting agencies and individuals associated with the race from any liability, damage, claim or judgment that may result or arise out of participation of the applicant in this race.

Name: \_\_\_\_\_ Age: \_\_\_\_\_ M/F: \_\_\_\_\_

Street: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_ Phone #: \_\_\_\_\_

T-Shirt Size (circle one): Small/Medium/Large/Extra Large/XXL

Signature of Runner: \_\_\_\_\_

Signature of Parent or Guardian (If under 18 years of age): \_\_\_\_\_

Please Make All Checks Payable to: Fitness Together  
Send All Entries to: Fitness Together, 8720 East Market Street, Howland, Ohio, 44484